

Arizona Sunrays Fit and Learn

13832 N. 32nd Street, Suite #162

Phoenix, AZ 85032

Phone: (602) 992-5790 Fax: (602) 992-2420

Enrollment Information: January 2009 – May 2009 Fit and Learn Day Camp

Childs Name _____ Sex _____ Birthdate _____
(Last) (First)

Home Address _____
(# and street) Apt # (City) (Zip)

Home Phone Number _____ Marital Status of Parents _____

Father's Name _____	Mother's Name _____
Home Phone _____ Bus. Phone _____	Home Phone _____ Bus. Phone _____
Occupation _____ Cell Phone _____	Occupation _____ Cell Phone _____
Employer's Name _____	Employer's Name _____
Email Address _____	Email Address _____

How did you hear about Arizona Sunrays Fit and Learn Day Camp?

Newspaper _____ Magazine _____ Internet _____ Current Member _____ Other _____

Program Selection (please select the program you would like to attend)

<u>Full Day Full Time</u> (M-F 8.30 am – 3.30 pm) \$685.00 per month	<u>Full Day Part Time</u> (M/W/F 8.30 am – 3.30 pm) \$435.00 per month	<u>Half Day Part Time</u> (M/W/F 8.30 am – 11.30 am) \$265.00 per month
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Fit and Learn Fees.

(Camp fees are non refundable and non transferable. These fees are used directly for the campers and instructional training)

Registration/Re-Enrollment Fee: \$75.00 per child

Registration and Tuition Policies

(You must initial all highlighted areas and sign the bottom of this section to participate in Arizona Sunrays Fit and Learn Day Camp)

- I understand that my registration fee of \$75.00 per child is nonrefundable and nontransferable. .
- I understand that there are no Make-Ups or Refunds for missed camp days.
- I understand that my payment is due on the 1st of each month with a late fee of \$20.00 applied on the 5th.
- I have read and understand Fit and Learn Policies and Procedures.

Parent Signature

Date

Acknowledgment of Risk and Waiver of Liability

As legal guardian of (PLEASE PRINT) _____, I hereby consent to the aforementioned person participating in the Arizona Sunrays Gymnastics & Dance Center's programs. I recognize that potentially severe injuries, including permanent paralysis or death can occur in any activity involving height or motion, cheer, dance, gymnastics, swimming, travel to the pool, arts and crafts, martial arts and related activities including tumbling and trampoline.

I understand that it is the express intent of the Arizona Sunrays Gymnastics & Dance Center to provide for the safety and protection of my child and, in consideration for allowing my child to use these facilities, I hereby forever release the Arizona Sunrays Gymnastics & Dance Center, its officers, employees, teachers, and coaches, from all liability for any and all damages and injuries suffered by my child while under the instruction, supervision, or control of Arizona Sunrays Gymnastics & Dance Center.

As legal guardian of the aforementioned person, I hereby agree to individually provide for the possible future medical expenses which may be incurred by my child as a result of any injury sustained while training at, or performing for, Arizona Sunrays Gymnastics & Dance Center.

This acknowledgment of risk and waiver of liability, having been read thoroughly and understood completely, is signed voluntarily as to its content and intent.

Parent or Legal Guardian's Signature

Date

Permission to Treat (optional)

I hereby give my permission to trained medical professionals to administer emergency medical treatment to my child should sickness or accident occur in my absence.

Parent or Legal Guardian's Signature

Date

Emergency Numbers

In the event of an emergency and a parent or guardian cannot be reached please call:

Name _____ Phone _____

Doctor's Name _____ Phone _____

Insurance Co. _____ Policy # _____

Any past injuries or special information we should know about: _____

Additional Pick Up Release

I have authorized the following person(s) to pick up my child/children from Arizona Sunrays.

Name: _____
Address: _____
Telephone: _____

Name: _____
Address: _____
Telephone: _____

Parent Signature _____ Date _____

For official use only:

Registration taken by: _____ **Date Received:** _____ **Computer:** _____

Registration Paid (\$75.00) _____ **Parent Packet Given** _____

Extended Care Yes _____ **No** _____

Policies and Procedures: YES/NO

Medication: YES/NO

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Registration/Re-Enrollment Fee

(Please note that all fees are set to directly impact the program therefore NO refunds will be given)

Non-Refundable Registration Fee: \$75.00

Tuition Rates for Fit and Learn Day Camp

Full Time Full Day	Monday - Friday 8:30 am - 3:30 pm	\$685.00 Per month
Part Time Full Day	Monday/Wednesday/Friday 8:30 am - 3:30 pm	\$435.00 Per month
Part Time Half Day	Monday/Wednesday/Friday 8:30 am - 11:30 am	\$265.00 Per month

Extended Care Rates

Extended Care will be offered for those enrolled in our Full Time Programs
Extended Care Hours are 7:30 am - 8:30 am and 3:30 pm - 5:30 pm
Morning Activities Include: Quiet Reading / Coloring / Play
Afternoon Activities Include: Snack / "G" Rated Movies / Puzzles / Games
Cost: \$2.50 per half hour (pre registration is required)

Discounts

5% Sibling Discount
3% Tuition Discount if payment (January - May) is paid in full by January 5, 2009.
5% discount off of Spring, Winter and Summer Camps with Fit and Learn Enrollment

School Calendar

<p align="center"><u>September</u></p> <p>8th - Registration Begins</p> <p align="center"><u>December</u></p> <p>4th - Fit and Learn open house</p> <p align="center"><u>January</u></p> <p>5th - First Day of Camp</p> <p>19th - Closed for MLK day</p> <p align="center"><u>February</u></p> <p>16th - Closed for President's Day</p>	<p align="center"><u>March</u></p> <p>16th through 20th - Closed for Spring Break (Spring Camp Available)</p> <p align="center"><u>April</u></p> <p>10th - Donuts with Dad</p> <p>17th - Muffins with Mom</p> <p align="center"><u>May</u></p> <p>22nd - Last Day of Camp</p> <p>25th - Summer Camp Begins</p>
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Fit and Learn Policies and Procedures

Fit and Learn Closures. Our program is closed during the following holidays: Martin Luther King Day, President's Day and Spring Break.

Extended Care. Extended care is available from 7:30 am – 8:30 am and 3:30 pm – 5:30 pm. The extended care rate is \$2.50 per half hour charged daily for hours used.

Registration. Registration and first months' tuition fees must be made prior to the start of the program.

Payment Policy. Payments are due prior to the 1st of each month. After the 5th of the month any non payment will result in a \$20.00 late fee. Dismissal from the program will result for any default on payment after the 10th of any given month. Re-enrollment fees will be required for reinstatement into the program.

Absences. Credit cannot be given for absences or vacations scheduled during camp times. Holidays and other camp closures have been excluded in the calculation of program tuition.

Parents Welcome. Parents are always welcome to view our activities at any time. All visitors, however, must check in with the front desk to be given a Visitors Pass. We truly value the safety of your children and want to make sure that only those who are allowed are near the children.

Sign In / Sign Out. Every child will be required to sign in and out of camp each day. A photo ID will be required for pick up until our staff is comfortable with the parents of each child. Any non parent (additional pick up) must be on file with Arizona Sunrays and will be required to show a state issued photo ID. Any Early Pick Up must be done through the front office.

Quiet Play. All Full Day children will be given a period for rest from 12:30 – 1:30. All children must rest quietly. They will be allowed to read books, put puzzles together, color etc. quietly on their mats (activity based on teachers discretion). On occasion a video may be shown. You will be notified in writing 2 days prior to the airing of the video. All videos will be educationally based.

Snacks. AM and PM (full day campers) snacks are provided daily. Monthly snack menus will be posted and provided.

Late Pick Up. Any pick up after 5:30 pm will result in a \$2.00 per minute late charge.

Emergency Medical Procedures. If for any reason there is a medical emergency situation 911 will be called first, then the parent will be contacted. A staff person trained in CPR will stay with the child and administer aid until help arrives (all Fit and Learn Staff Members are First Aid and CPR Certified).

Non Emergency Procedures. If non-emergency treatment is required, a parent will be called to pick up the child. Parents will also be notified in case of a head injury, regardless of the severity.

Sick Child. Please respect all families in the program and keep sick children at home. If a child develops any of the following symptoms at school a parent will be required to pick up the child within 30 minutes. Symptoms: Fever, Rash, Vomiting, Diarrhea, Severe Cough, Continuous Green Drainage from the Nose. All children must be symptom free for 24 hours before returning to camp.

Medications. A completed and signed medication form must be on file with the program director. Only emergency life-saving medication will be administered (ex. Epipens). All other medications must be cycled around camp hours.

Lunches. All Full Day Campers are required to bring a self cooled lunch. Lunch will be from 11:45 – 12:15 daily. If a child needs a lunch a \$5.50 charge will be assessed. Forgotten lunch sack will consist of a ham or turkey and cheese sandwich, apple slices, and milk.

Dress Code. Children should dress in loose, comfortable clothing. Please pack according to the weather. Warm Months: Shorts, T-shirts, and comfortable walking shoes. Cooler Months: Sweat pants, short sleeve t-shirt, sweat shirt and comfortable walking shoes.

Back Packs. Please send a back pack with your child every day. Include a change of clothes (underwear, shorts/pants and shirt) in a zip lock bag clearly marked with child's name. All correspondence from camp will be put in campers back packs. Please check back pack daily for any information heading home.

Withdrawal Policy. 2-weeks written notice will be required for any withdrawal. Registration and Supply Fee's are non refundable.

Discipline. Re-direction and positive re-enforcement are always the first methods used to change negative behavior. If behavior continues, a rest period will be implemented to give the child a time to "cool off" (Time not to exceed 5 minutes). For serious or more aggressive disruptions a trip to the Director's office may be used. If disciplinary actions fail to cease the disruptive behavior, a parent will be contacted and may be required to pick up the camper for the day.

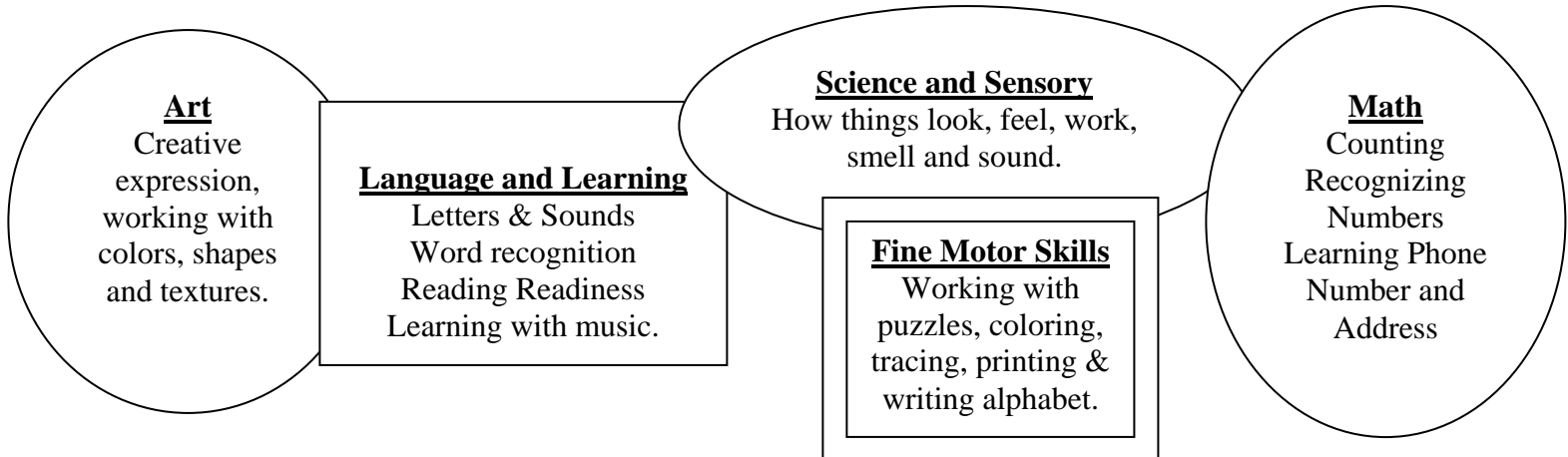
Diapers/Pull Ups. All campers must be completely potty trained and free of pull ups prior to the start of camp.

Fit and Learn Agenda:

Increasing evidence finds that exercise helps young brains as well as bodies. So Arizona Sunrays has brought you a program to get your kids started on the right path for a healthy and successful childhood.

Fit and Learn introduces education through fitness fun!

- This program is a fitness-based learning program that can help prevent childhood obesity with nutritional information and numerous physical activities each day! Your child will receive a well-rounded educational experience to help prepare them for school socially, mentally, and physically.
- Our professional staff is excited to work with your campers and educate them mentally and physically! They hope campers are ready to get moving and ready to learn
- Various themes will be used such as Nutrition, Body Awareness, World Holidays, Safety, Shapes in Action, Listening and Learning, plus many more!



- We are also very excited about our use of “Zoo Phonics” and “Music, Movement & Magination”. These two great tools will ensure that your campers are up and moving and having fun!
- Weekly curriculums and physical activities will be posted in our classroom. Please feel free to check them out at any time.

Fit and Learn Daily Schedule:

<i>Time</i>	<i>Event</i>	<i>Description</i>
8:30-9:00	Open Play	Campers can play with any classroom toys or learning tools
9:00-9:15	Morning Procedures	Pledge, Calendar (days of week & months of the year)
9:15-10:00	Physical Activity	Gymnastics, Theatre Arts, Music and Motion
10:00-10:15	Healthy Snack and Story Time	Read a story and ask questions about author, illustrations, and what happens.
10:15-10:45	Learning Stations	Counting, manipulative work , puzzles, saying telephone number & address
10:45-11:15	Table Time/Math Madness	Daily worksheet or activity to reinforce letters, shapes, color and patterns
11:15-11:30	Art	Manipulating shapes, colors and textures
11:30-12:00	Lunch	
12:00-12:20	Open Play	Campers can play with any classroom toys or learning tools
12:20-1:00	Learning Stations	Review of daily letters, numbers, and skills learned throughout the day
1:00-2:00	Quiet Play	This is a down time for campers to play quietly, read books or color.
2:00-3:00	Physical Activity	Gymnastics, Karate, Creative Movement, Physical Fitness Games
3:00-3:30	Healthy Snack and Going Home Procedures	Folder organization, classroom clean up, Afternoon Music and Movement

*This is a sample schedule of how a day at Fit and Learn would run.
Weekly Schedules will be available upon start of camp.*